



# HCC Food Pantry's MOST NEEDED ITEMS



## Canned Food:

- Soups
- Vegetables
- Tomato sauce
- Fruits
- Tuna
- Chicken
- Ham
- Beans

## Dry Goods:

- Pasta
- Kraft Dinners
- Rice
- Peanut Butter
- Jelly/Jam
- Cereal hot or cold (oatmeal, grits)
- Meal in a can (ravioli, stew)
- Cookies
- Granola Bars
- Crackers
- Tortillas
- Sugar
- Flour
- Spices
- Jerky
- Nuts
- Quinoa
- Couscous
- Cup of noodles
- Cup of Soup
- Pancake mixes
- Baking mixes

## Beverages:

- Juice
- Juice boxes or pouches
- Tea (herbal or regular)
- Coffee
- Bottled water

## Other Items:

- Condiments (non-perishable ketchup, mustard, syrup)
- Sugar and sweetener packets
- Feminine hygiene products (pads, tampons)
- Toilet Paper
- Diapers (all sizes)
- Soap
- Toothpaste
- Tooth brushes
- Razors
- Shampoo
- Socks
- Gift Cards to local grocery stores (\$15 - \$20)

## Things We *Can't* Use:

- Homemade foods
- Home pickles/ canned goods
- Items containing alcohol
- Expired Items
- Avoid Glass
- Perishable items