

New Student Orientation Workshop Choices

Please look over these workshop choices before attending your New Student Orientation Session, and select 2 or 3 workshops that look appealing to you. You will be asked to choose two workshops when you sign in the day of Orientation.

Parent-Recommended workshops are marked with a . These are workshops that parents have reported as most beneficial to them, but parents are welcome to attend any workshop. Students are also invited to attend Parent-Recommended workshops.

The Workshops


Workshop A: *Study Skills for Success* – Studying in college requires more time and self-discipline than many students put into their high school studies – come learn new strategies for college studying success!

Workshop B: *Starting the Career Planning Process*– It's never too soon to start – gain insight in how to plan for your future and how to use the career services offered at HCC to their fullest potential!

Workshop C: *Student Life: Clubs and Leadership* – College can be so much more than going to class – come see how to get involved!


Workshop D: *Surviving School Stress* – Come learn about possible triggers and consequences of stress as well as strategies to survive school stress.


Workshop E: *Athletics and Fitness Programming* – Find out about the many athletic and fitness programs offered at HCC.

 **Workshop F: *Money for School: The Ins and Outs of Financial Aid at HCC (tentative title)*** - Get the details of getting scholarships and securing other funds for college.

Workshop G: *Keys to Transferring to a Four-Year College* – Start preparing now for the transfer process by learning what steps you will need to take.

 **Workshop H: *A Look at Services Available at HCC*** – Learn about services, programs, workshops, and seminars offered by various HCC offices.

 **Workshop I: *All About the Library*** – Check out this valuable source and learn how to navigate HCC's library and catalog.

 **Workshop J: *What Parents Should Know as Their Student Transitions to College*** – Find out what to expect from your new college student, how to support them, and have the opportunity to ask questions about your student's academic endeavors.

Workshop K: *Study Abroad Options* – It's easier than you think! Learn about spending anywhere from a week, to a summer, to a semester abroad to study.

Workshop L: *Online Services at HCC* – Learn about the technology services at HCC, and how to check your grades and access your campus records through HCC Express.

Workshop M: *The African-American Research Library* – Learn about this invaluable campus resource.