

How To Help A Friend...

*Do you have a friend who is dealing
with some serious issues?*

Do you feel stuck about how to help?

If so, consider attending our new program series!

Attend one program or attend them all!

How to help a friend...

....who is in a bad relationship—September 17

....who is using and abusing—October 1

....with grief and loss—November 5

....with stress—December 3

All programs will be held in the Wellness Center,

CL-178 from 1:00—2:00 p.m.

*Program Series is co-sponsored by:
For more information call 410.772.4840*

