

Application Procedure

Interested applicants must be available for the entire academic year, beginning the third week of August 2010. The program is designed for doctoral level students who have successfully completed at least two practica in counseling. For the 2010/2011 academic year, we can accept up to three doctoral externs.

To apply, please send the following materials:

- Letter of interest
- Current resume or vita listing all relevant work experience and practica
- Graduate transcript
- Two letters of reference, including at least one from a supervisor familiar with your clinical work

Materials may be mailed to the address below.

Suzanne Miller Friedman, Ph.D.
Asst. Director, Mental Health Counseling
Counseling and Career Services
Howard Community College
10901 Little Patuxent Parkway
Columbia, MD 21044

Applications are due no later than March 3, 2010. Qualified candidates will be invited for an interview. Please call 410.772.4840 or e-mail sfriedman@howardcc.edu for additional information.

Howard Community College

Situated on a 120-acre wooded campus, Howard Community College (HCC) offers a wide range of academic pursuits and extracurricular activities for students of all ages and walks of life. Nearly 7,000 students pursue studies at HCC in a variety of academic programs leading to transfer to four-year colleges or immediate employment upon graduation. An additional 14,000 students take courses for personal or professional development. Our students come from diverse racial/ethnic and geographical backgrounds, and HCC is home to many international students. In contrast to students at 4-year institutions, HCC students range widely in terms of age and socioeconomic status.

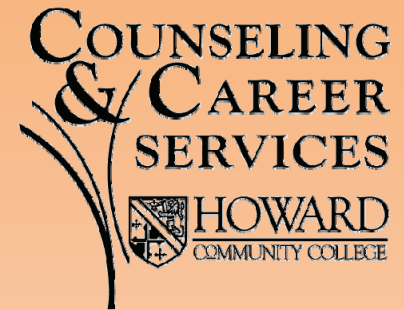
Counseling and Career Services (CCS) is housed in the spacious new Rouse Company Foundation Student Services Hall. Our wing includes Student Support Services and Disability Support Services. CCS currently includes four full-time professional counselors or psychologists, five part-time counselors or trainees, a part-time internship/co-op coordinator, a career assistant, one part-time Career Links coordinator, two full-time and two part-time office support staff, and a part-time webmaster.

Counseling and Career Services serves both HCC students and Howard County community members. In a typical year, about 1,270 clients seek services and are seen for emotional/personal and career counseling. Included in this number are approximately 385 community members.

Counseling and Career Services
RCF-302
Howard Community College
10901 Little Patuxent Parkway
Columbia, MD 21044

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E-mail: howardcc.edu/counseling



Counseling Externship



Externship Program Description

Counseling and Career Services (CCS) offers a comprehensive training program for graduate students enrolled in doctoral programs in counseling psychology, clinical psychology, pastoral counseling, or related fields. Externs will have the opportunity to provide both mental health and career counseling on an individual or group basis, to engage in outreach and consultation with the campus community, and to develop knowledge of CCS operations by participating in center activities such as the job fair. To enhance the development of their clinical skills, trainees will receive intensive individual and group supervision and participate in case conferences and training seminars.

The program can accommodate trainees looking for a 10 to 20 hour per week training experience. Interested applicants must commit one academic year to the Training Program, and be available the third week of August for a two-day training. Because trainees see clients only when their supervisor is on site, no evening hours are available.

Training Experiences

Individual Clients

Counseling and Career Services currently has a 12-session limit per academic year for individual counseling. Although there is some flexibility in terms of numbers and types of clients seen, externs will carry at least five clients and conduct two intake sessions per week. Individual caseloads vary depending on the training needs and interests of the extern with the possibility of carrying two longer term cases and/or more than five clients.

Individual Supervision

At least one hour of face-to-face supervision per week is provided by licensed psychologists. Trainees are required to audiotape their sessions and submit tapes to their supervisor. Supervision includes client case conceptualization and management, exploration of therapeutic relationship dynamics, and treatment planning. Externs may have the chance to rotate supervisors mid-year.

Group Supervision/Case Conference

Trainees will meet once per month as a group to discuss cases. During the fall semester, cases will be discussed on an informal basis. In the spring semester, formal case presentations and discussions will be held. Each extern will be required to prepare two formal case presentations.



Training Seminars

Training seminars are held monthly, and incorporate topics of special interest to students as well as some fixed topics. For example, initial seminars include Ethics, Diversity Issues, and Suicide Assessment and Intervention. Seminars are conducted by CCS staff and outside experts.

Campus Outreach

Externs will have the opportunity to be involved in outreach programs on various topics, as well as to consult with faculty and staff on different issues. Examples of outreach we typically conduct are anxiety and depression screening, health and wellness fairs, eating disorders awareness week activities, resume review workshops, career infusion programming with developmental English classes, and orientation to our services.

Additional Activities

Individual Therapy with Career Links Students

Career Links is a program within Counseling and Career Services that provides support to low to moderate income single parents and single heads of household. Externs with a specific interest in this population may include Career Links clients on their caseload.

Individual Work and Outreach with the Athletic Department

Externs with an interest in sport psychology may elect to provide mental skills training and/or outreach programming to individuals or teams in the Athletic Department. Examples of past outreach topics include career development, goal setting, team building, focus, and persisting despite obstacles. Externs work with student-athletes to enhance strengths on the field and in the classroom.

Group Therapy

If available, trainees may elect to co-lead therapy groups with a senior staff member. Trainees who co-lead groups will receive one additional hour of supervision per week.

Weekly Case Conference for Clinicians

Senior staff meets weekly for case conference. These informal meetings are open to trainees, schedule permitting.

Campus Activities and Organizations

To learn more about how Counseling and Career Services fits within the greater campus community, externs have the opportunity to become involved in campus activities. For example, trainees may elect to serve as a liaison to one of the many campus clubs, or become involved in campus committees such as the HCC Book Connection or the Diversity Committee.