

**Health Care for the Professional - AAS
 Massage Therapy Option
 Program Number 168c**

Student Name: _____ GPA _____ Catalog Year: 2009-2010
 Student ID Number: _____ Advisor _____ Date _____

GENERAL EDUCATION CORE

Course Number	General Education Core	Credits Required	Credits Earned	Planning
ENGL 121	College Composition I: Expository Writing	3		
Arts & Humanities	Literature Core Course or Fine Arts Core Course	3		
	SPCH 105 Fundamentals of Public Speaking or SPCH 110 Interpersonal Communications	3		
Social Science	PSYC 101 Introduction to Psychology or SOC 101 Introduction to Sociology	3		
Science	BIOL 101 General Biology I or BIOL 107 Fundamentals of Microbiology	4		
Mathematics	Mathematics Core Course	3-5		
HEED 216	Health Care in U.S.	3		
Total Core Credits - minimum of 20 required for degree completion		Total Credits		60-62

REQUIRED COURSES RELATED TO MAJOR

Course Number	Required Course	Credits Required	Credits Earned	Planning
BIOL 108	*Human Anatomy and Physiology	6		
HEAL 110	*The Health Care Professional	2		
HEED 108	*Adult CPR and First Aid	1		
HEED 135	*Introduction to Holistic Health	3		
HEED 114	*Introduction to Therapeutic Massage	3		
Health Care	**Massage Practicum	5		
HEED 218 or ENTR 101	Organizational Management in Health Care or Entrepreneurship and Creativity	3		

HEED ELECTIVES (Select 15 Credits)

Course Number	Required Course	Credits Required	Credits Earned	Planning
HEED 115	Personal and Community Health	3		
HEED 116	Fundamentals of Spiritual Awareness	3		
HEED 125	Ethics in Professional Practice	3		
HEED 150	Women's Health	3		
HEED 160	The Aging Process	3		
HEED 200	Health/Fitness Leader	3		
HEED 210	Foundations of Health Education and Health Behavior	3		
HEED 211	Nutrition	3		
HEED 213	Stress Management	3		
HEED 220	Crisis Intervention	3		
HEED 230	Health & the Disease Processes	3		

*Advance standing: credit will be given as advanced stand for the theory portion of 637 clock hours in the Professional Massage Training program at the Baltimore School of Massage.

**Articulated credit is given for the laboratory practicum completed at the Baltimore Schools of Massage after the student passes the National Certification Examination for Therapeutic Massage and Bodywork (NCETMB) and completes English, mathematics and science requirements of the program.

NOTES

Developmental Courses:

__ ENGL-083/093 __ ENGL-086/096* __ MATH-060
 __ ENGL-084/094 __ ENGL-087/097 __ MATH-061
 __ ENGL-085 __ FYEX-100*(co-requisite) __ MATH-067 __ MATH-070