

**Exercise Science – Certificate
Personal Training
Program Number 196**

Student Name: _____

GPA _____

Catalog Year: 2009-2010

Student ID Number: _____

Advisor _____

Date _____

Course Number	Required Course	Credits Required	Credits Earned	Planning
EXSC 209	Sports and Exercise Nutrition	3		
EXSC 210	Sport and Exercise Psychology	3		
HEED 112	First Aid and Safety	3		
HEED 200	Health/Fitness Leader	3		
HEED 210	Foundations of Health Education and Health Behavior	3		
			Total Credits	15

Students in this program must meet with an advisor regularly and maintain current information regarding the policies of the institutions to which they intend to transfer.

NOTES:

Developmental Courses:

__ ENGL-083/093	__ ENGL-086/096*	__ MATH-060
__ ENGL-084/094	__ ENGL-087/097	__ MATH-061
__ ENGL-085	__ FYEX-100*(co-requisite)	__ MATH-067

