

## AA- Exercise Science-Sports Coaching Option Program Planning Number 165b

Student Name: \_\_\_\_\_

GPA \_\_\_\_\_

Catalog Year: 2009-2010

Student ID Number: \_\_\_\_\_

Advisor \_\_\_\_\_

Date \_\_\_\_\_

### GENERAL EDUCATION CORE

Course Number	General Education Core	Credits Required	Credits Earned	Planning
ENGL 121	College Composition I: Expository Writing	3		
ENGL 122	College Composition II: Writing Through Literature	3		
Arts & Humanities	Literature Core Course	3		
	Fine Arts Core Course	3		
	SPCH 105 Fundamentals of Public Speaking	3		
History	History Core Course	3		
Social Sciences	PSYC 101 General Psychology	3		
	SOCI 101 Introduction to Sociology	3		
Science Cores	BIOL 101 General Biology I	4		
	BIOL 203 Anatomy and Physiology I	4		
Mathematics	MATH 138 Statistics	4		
Interdisciplinary	EXSC 101 Introduction to Exercise Science	1		
<b>Total Core Credits – General Education Core credits in excess of 36 will transfer as general electives or courses related to the major. Total general education and required courses must equal at least 60 semester hours of credit.</b>			Total Credits	62

### REQUIRED COURSES RELATED TO MAJOR

Course Number	Required Course	Credits Required	Credits Earned	Planning
CHEM 101 <i>or</i> CHEM 103	General Inorganic Chemistry <i>or</i> Fundamentals of General Chemistry	4		
HEED 112	First Aid and Safety	3		
HEED 200	Health/Fitness Leader	3		
EXSC 120	Introduction to Sports Coaching	3		
EXSC 150	Sport and Society	3		
EXSC 200	Care and Prevention of Athletic Injuries	3		
EXSC-209	Sport and Exercise Nutrition	3		
EXSC 210	Sport and Exercise Psychology	3		

**Students in this program must meet with an advisor regularly and maintain current information regarding the policies of the institutions to which they intend to transfer.**

**NOTES:**

**Developmental Courses**

**English**

- \_\_\_ ENGL-093
- \_\_\_ ENGL-096\*
- \_\_\_ ENGL-094
- \_\_\_ ENGL-097

**English ESL**

- \_\_\_ ENGL-083
- \_\_\_ ENGL-084
- \_\_\_ ENGL-085
- \_\_\_ ENGL-086\*
- \_\_\_ ENGL-087

**\*Co-requisite**

- \_\_\_ FYEX-100

**Math**

- \_\_\_ MATH-060
- \_\_\_ MATH-061
- \_\_\_ MATH-067
- \_\_\_ MATH-070