

**Exercise Science – Certificate  
Personal Training  
Program Number 196**

Student Name: \_\_\_\_\_

GPA \_\_\_\_\_

Catalog Year: 2008-2009

Student ID Number: \_\_\_\_\_

Advisor \_\_\_\_\_

Date \_\_\_\_\_

Course Number	Required Course	Credits Required	Credits Earned	Planning
EXSC 209	Sports and Exercise Nutrition	3		
EXSC 210	Sport and Exercise Psychology	3		
HEED 112	First Aid and Safety	3		
HEED 200	Health/Fitness Leader	3		
HEED 210	Foundations of Health Education and Health Behavior	3		

**Students in this program must meet with an advisor regularly and maintain current information regarding the policies of the institutions to which they intend to transfer.**

**NOTES:**

**Developmental Courses:**

__ ENGL-083/093	__ ENGL-086/096*	__ MATH-060	__ MATH-065
__ ENGL-084/094	__ ENGL-087/097	__ MATH-061	__ MATH-067
__ ENGL-085	__ FYEX-100*(co-requisite)	__ MATH-064	__ MATH-070