

**Health Education – AA  
Community and School Health Option  
Program Number 169a**

Student Name: \_\_\_\_\_

GPA \_\_\_\_\_

Catalog Year: 2007-2008

Student ID Number: \_\_\_\_\_

Advisor \_\_\_\_\_

Date \_\_\_\_\_

**GENERAL EDUCATION CORE**

Course Number	General Education Core	Credits Required	Credits Earned	Planning
ENGL 121	College Composition I: Expository Writing	3		
ENGL 122	College Composition II: Writing Through Literature	3		
Arts & Humanities	Literature Core Course	3		
	Fine Arts Core Course	3		
SPCH 105	Fundamentals of Public Speaking	3		
History	History Core Course	3		
PSYC 101	General Psychology	3		
SOCI 101	Introduction to Sociology	3		
BIOL 101	General Biology I	4		
BIOL 203	Anatomy and Physiology I	4		
MATH 138	Statistics	4		
HEED 101 <b>OR</b> HEED 175	Health and the World of Risk <b>OR</b> Cross-Cultural Health Comparison	1		
<b>Total Core Credits – General Education Core credits in excess of 36 will transfer as general electives or courses related to the major. Total general education and required courses must equal at least 60 semester hours of credit.</b>				

**REQUIRED COURSES RELATED TO MAJOR**

Course Number	Required Course	Credits Required	Credits Earned	Planning
BIOL 204	Anatomy and Physiology II	4		
HEED 112	First Aid and Safety	3		
HEED 113 <b>or</b> HEED 230	Drug Use and Abuse <b>or</b> Health and the Disease Process	3		
HEED-115	Personal and Community Health	3		
HEED 210	Foundations of Health Education and Health Behavior	3		
HEED 211	Nutrition	3		
HEED 213	Stress Management	3		
HEED 216	Health Care in the US	3		

**Students in this program must meet with an advisor regularly and maintain current information regarding the policies of the institutions to which they intend to transfer. This is especially important for students planning to major in Physical Education or Kinesiology.**

**NOTES:**

**Developmental Courses**

**English**

- \_\_\_ ENGL-093
- \_\_\_ ENGL-096\*
- \_\_\_ ENGL-094
- \_\_\_ ENGL-097

**English ESL**

- \_\_\_ ENGL-083
- \_\_\_ ENGL-084
- \_\_\_ ENGL-085
- \_\_\_ ENGL-086\*
- \_\_\_ ENGL-087

**\*Co-requisite**

- \_\_\_ ENGL-106

**Math**

- \_\_\_ MATH-060
- \_\_\_ MATH-061
- \_\_\_ MATH-064
- \_\_\_ MATH-065
- \_\_\_ MATH-067
- \_\_\_ MATH-070