

**Exercise Science – Certificate  
Personal Training  
Program Number 196**

Student Name: \_\_\_\_\_

Catalog Year: 2005-2006

Student ID Number: \_\_\_\_\_

Course Number	Required Course	Credits Required	Credits Earned	Planning
EXSC 101	Introduction to Exercise Science	1		
EXSC 200	Care and Prevention of Athletic Injuries	3		
HEED 112	First Aid and Safety	3		
HEED 200	Health/Fitness Leader	3		
HEED 210	Foundations of Health Education and Health Behavior	3		
HEED 211	Nutrition	3		

**Students in this program must meet with an advisor regularly and maintain current information regarding the policies of the institutions to which they intend to transfer.**

**NOTES:**

Advisor: \_\_\_\_\_

Date: \_\_\_\_\_

GPA: \_\_\_\_\_