

**Health Care for the Professional- AAS  
Massage Therapy Option  
Program Number 168c**

Student Name: \_\_\_\_\_

Catalog Year: 2005-2006

Student ID Number: \_\_\_\_\_

**GENERAL EDUCATION CORE**

Course Number	General Education Core	Credits Required	Credits Earned	Planning
ENGL 121	College Composition I: Expository Writing	3		
Arts & Humanities	Literature Core Course <b>OR</b> Fine Arts Core Course	3		
	SPCH 105 Fundamentals of Public Speaking <b>OR</b> SPCH 110 Interpersonal Communications	3		
Social Science	PSYC 101 Introduction to Psychology <b>OR</b> SOCI 101 Introduction to Sociology	3		
Science	BIOL 101 General Biology <b>OR</b> BIOL 107 Fundamentals of Microbiology	4		
Mathematics	Mathematics Core Course	3-5		
HEED 216	Health Care in U.S.	3		
<b>Total Core Credits - minimum of 20 required for degree completion</b>				

**REQUIRED COURSES RELATED TO MAJOR**

Course Number	Required Course	Credits Required	Credits Earned	Planning
BIOL 108	*Human Anatomy and Physiology	6		
HEAL 110	*The Health Care Professional	2		
HEED 108	*Adult CPR and First Aid	1		
HEED 135	*Introduction to Holistic Health	3		
HEED 114	*Introduction to Therapeutic Massage	3		
Health Care	**Massage Practicum	5		
HEED 218 <b>or</b> ENTR 101	Organizational Management in Health Care <b>or</b> Entrepreneurship and Creativity	3		

**HEED ELECTIVES (Select 5 COURSES)**

Course Number	Required Course	Credits Required	Credits Earned	Planning
HEED 115	Personal and Community Health	3		
HEED 116	Fundamentals of Spiritual Awareness	3		
HEED 125	Ethics in Professional Practice	3		
HEED 150	Women's Health	3		
HEED 160	The Aging Process	3		
HEED 200	Health/Fitness Leader	3		
HEED 210	Foundations of Health Education and Health Behavior	3		
HEED 211	Nutrition	3		
HEED 213	Stress Management	3		
HEED 220	Crisis Intervention	3		
HEED 230	Health & the Disease Processes	3		

\*Advance standing: credit will be given as advanced stand for the theory portion of 510 clock hours in the Professional Massage Training program at the Baltimore School of Massage.

\*\*Articulated credit is given for the laboratory practicum completed at the Baltimore Schools of Massage after the student passes the National Certification Examination for Therapeutic Massage and Bodywork (NCETMB) and completes English, mathematics and science requirements of the program.

**NOTES**

Developmental Courses: \_\_\_\_\_

Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ GPA: \_\_\_\_\_

Students are responsible for fulfilling all graduation requirements, including a 2.0 cumulative GPA in all coursework completed at HCC. 3/30/05