

## Human Services –Complementary Medicine and Holistic Health - AA Program Number 170c

Student Name: \_\_\_\_\_

Catalog Year: 2005-2006

Student ID Number: \_\_\_\_\_

### GENERAL EDUCATION CORE

Course Number	General Education Core	Credits Required	Credits Earned	Planning
ENGL 121	College Composition I: Expository Writing I	3		
ENGL 122	College Composition II: Writing Through Literature	3		
Arts & Humanities	Literature Core Course	3		
	Fine Arts Core Course	3		
SPCH 110	Interpersonal Communications	3		
PSYC 101	General Psychology	3		
SOCI 101	Introduction to Sociology	3		
History	History Core Course	3		
BIOL 101	General Biology I	4		
Science	Science Core Course	3		
Mathematics	MATH 122, 131, or higher	3-4		
HMDV 200	Life Span Development	3		
<b>Total Core Credits – General Education Core credits in excess of 36 will transfer as general electives or courses related to the major. Total general education and required courses must equal at least 60 semester hours of credit.</b>				

### REQUIRED COURSES RELATED TO MAJOR

Course Number	Required Course	Credits Required	Credits Earned	Planning
HEED 114	Introduction to Therapeutic Massage	3		
HEED 116	Fundamentals of Spiritual Awareness	3		
HEED 135	Introduction to Holistic Health	3		
HEED 140	The Philosophy and Practice of Tai Chi	3		
HEED 141	The Philosophy and Practice of Yoga	3		
HEED 211	Nutrition	3		
HEED 230	Health and the Disease Process	3		
HUMS 110	Introduction to Human Services	3		
HUMS 250	Community Services Practicum	3		

**Students in this program must meet with an advisor regularly and maintain current information regarding the policies of the institutions to which they intend to transfer.**

**NOTES:**

Developmental Courses: \_\_\_\_\_  
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Advisor: \_\_\_\_\_ Date: \_\_\_\_\_ GPA: \_\_\_\_\_