

**Health Education/Personal Fitness Trainer
Letter of Recognition**

Program Planning Sheet

Student Name: _____

Catalog Year: 2003-2004

Soc. Sec. Number: _____

Course Number	Required Course	Credits Required	Credits Earned	Planning
HEED 109	Basic First Aid	2		
HEED 200	Health/Fitness Leader	3		
HEED 211	Nutrition	3		
HEED 210 OR HEED 213	Foundations of Health Education and Health Behavior OR Stress Management	3		

NOTES:

Advisor: _____

Date: _____

GPA: _____