

**Health Care for the Professional- AAS
 Massage Therapy Option
 Program Number 168c**

Student Name: _____

Catalog Year: 2003-2004

Soc. Sec. Number: _____

GENERAL EDUCATION CORE

Course Number	General Education Core	Credits Required	Credits Earned	Planning
ENGL 121	College Composition I: Expository Writing	3		
Arts & Humanities	Arts & Humanities Core Course (Literature, Fine Arts, or Humanities)	3		
	SPCH 105 Fundamentals of Public Speaking OR SPCH 110 Interpersonal Communications	3		
Social Science	PSYC 101 Introduction to Psychology OR SOCI 101 Introduction to Sociology	3		
Science	BIOL 101 General Biology OR BIOL-107 Fundamentals of Microbiology	4		
Mathematics (Core)	MATH 121 or higher	3-4		
Interdisciplinary	HEED-216 Health Care in U.S.	3		
Total Core Credits - minimum of 20 required for degree completion				

REQUIRED COURSES RELATED TO MAJOR

Course Number	Required Course	Credits Required	Credits Earned	Planning
BIOL 108	*Human Anatomy and Physiology	6		
HEAL 110	*Health Care Professional	2		
HEED 107	*Basic CPR and First Aid	1		
HEED 135	*Introduction to Holistic Health	3		
HEED 114	*Introduction to Therapeutic Massage	3		
Health Care	**Massage Practicum	5		
HEED 218	Organizational Management in Health Care	3		

HEED ELECTIVES (Select 5 COURSES)

Course Number	Required Course	Credits Required	Credits Earned	Planning
HEED 115	Personal and Community Health	3		
HEAL 116	Fundamentals of Spiritual Awareness	3		
HEED 150	Women's Health	3		
HEED 160	The Aging Process	3		
HEED 200	Health/Fitness Leader	3		
HEED 210	Foundations of Health Education and Health Behavior	3		
HEED 211	Nutrition	3		
HEED 213	Stress Management	3		
HEED 230	Health & the Disease Processes	3		

***Advance standing: credit will be given as advanced stand for the theory portion of 510 clock hours in the Professional Massage Training program at the Baltimore School of Massage.**

****Articulated credit is given for the laboratory practicum completed at the Baltimore Schools of Massage after the student passes the National Certification Examination for Therapeutic Massage and Bodywork (NCETMB) and completes English, mathematics and science requirements of the program.**

NOTES

Developmental Courses: _____

Advisor: _____ Date: _____ GPA: _____