

# **COURSE OUTLINE**

**THET-173**

**Movement for the Actor I**

**3 Semester Hours**

## **HOWARD COMMUNITY COLLEGE**

### **Description**

This course will focus on training actors to understand their own physical habits through spatial awareness exercises, Randai, Laban, Element, and Alexander terminology. The students will demonstrate these skills by studying the physical habits of other students in the class. The students will then apply this knowledge towards developing a physical embodiment of a character in monologues and cold readings for auditions. Prerequisite: THET-141. (4 hours weekly)

### **Overall Course Objectives**

Upon completion of this course, the student will be able to:

1. Demonstrate knowledge of Alexander terminology and apply it to exercises.
2. Compare and contrast Laban's Eight Effort Actions.
3. Analyze his/her own habits and movement through observation.
4. Analyze other students in class using the same observation skills.
5. Demonstrate ability to embody another student's physicality.
6. Demonstrate ability to move with neutrality through space.
7. Create physical life and habits for a character in monologues and auditions.
8. Outline the physical details in a paper.

### **Major Topics**

- I. Terminology of Movement
  - A. Alexander
  - B. Elements
  - C. Laban
  
- II. Movement Studies
  - A. Self-observation and performance
  - B. Partner observation with physical embodiment of partner's movements
  - C. Neutral performance through work in Randai
  - D. Creation of physical life of a character

## **Course Requirements**

Grading/exams: Grading procedures will be determined by the individual faculty member but will include:

- Grading: Criteria for evaluation is as follows:
  - Daily active participation
  - Classroom performances
  - Written assignment(s)/examination(s)
- Completion of assignment(s) and practicum/final examination(s)
- Attendance at an area performance

Writing: May include a paper or papers assigned by the individual faculty member

Reading: Assignments from required text with journal entries

Students must wear loose, comfortable clothing and bring a bottle of water to hydrate.

## **Other Course Information**

This course serves as a requirement for the Theatre Performance program. The course also serves as a Fine Arts, Humanities and Arts and Sciences elective.