

COURSE OUTLINE
NURS-201
Nursing of Patients With Complex Responses To Stress I
9 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

Building on theoretical knowledge and clinical competencies from NURS-101 and NURS-102, the student will become more proficient in providing nursing care for patients experiencing complex, recurrent health problems. The nursing process and other curricular structures will help students to examine three types of responses to stress: Immobility, Obstruction and Infection and related nursing interventions to meet the patient's needs. Through this course and NURS-202, the student will develop competencies necessary to administer safe nursing care at the associate degree level. Pre-requisites: NURS-102 or 103; Pre- or co-requisite: ENGL-102, SOCI-101.

Overall Course Objectives

Upon successful completion of NURS-201, when caring for two patients, the student will be able to utilize the nursing process to:

1. Integrate the knowledge of pathophysiology in the application of nursing care of patients experiencing complex responses to stress.
2. Initiate, maintain and evaluate the collaborative relationship between health team members, patients and family members in various health settings, while promoting wellness and continuity of care.
3. Recognize and value activities which promote education, autonomy and power within the profession of nursing.
4. Demonstrate a holistic approach to the provision of nursing care for patients experiencing complex responses to stress.
5. Utilize principles of caring, integrity, safe practice and accountability as essential elements to nursing practice.
6. Independently utilize critical thinking to formulate, implement, evaluate and revise the nursing plan of care.
7. Organize and manage care in an effective and efficient manner maintaining legal and ethical standards while focusing on internal and external socio-cultural influences.
8. Formulate a plan of care which focuses on the impact of responses to stress and fosters adaptation in members of a multicultural society.

The above objectives are from the cognitive domain and are centered around the eleven threads with an overall theme of the nursing process/stress adaptation (Curriculum threads - Health Illness Continuum, Growth and Development, Interpersonal Relationships, Safety, Legal and Ethical Issues, Nursing Trends, Culture, Pathophysiology, Aids to Nursing, Recording/Reporting, and Management Care).

There are additional objectives dealing with psychomotor and affective behaviors (domains) that should be demonstrated by students in NURS-201. Required psychomotor skills are incorporated into laboratory skills criteria and affective behaviors are listed below.

Upon successful completion of NURS-201, the student will demonstrate the following affective behaviors:

Caring
Responsibility and dependability
Career Socialization
Quality of Care
Independence
Group Process
Self Confidence
Self Evaluation

Major Topics

Unit I: Patient with Immobility
Unit II: Patients with Obstruction
Unit III: Patients with Infections

Course Requirements

The final course grade is computed using a weighted average for written assignments, unit exams and a final exam. A grade of 75% or "C" is required for passing and advancement to NURS-202. Satisfactory completion of a computation examination and satisfactory performance in the campus lab and clinical area is also required for passing the course. Attendance and punctuality are required for all sessions.

Other Course Information

Course learning activities fulfill the requirement for oral communication.

Proof of CPR, Rubella, Rubeola, mumps and varicella immunity or vaccination and freedom from TB are required on the first day of class. Hepatitis B vaccine is highly recommended and a waiver must be signed if vaccine is declined.

Health insurance recommended as students are responsible for medical bills.