

COURSE OUTLINE
NURS-110
Survival Tactics for Beginning Nursing Students
1 Semester Hour

HOWARD COMMUNITY COLLEGE

Description

This is a one-credit course designed to enhance student performance and success in the first clinical nursing course. Enrollment is limited to those students accepted into NURS-101. This course will introduce students to study and test-taking skills, which enhance success in courses which test application of theory. In addition, students will receive instruction in stress and time management. Students will also be introduced to collaborative learning, which is used extensively in the nursing curriculum.

Overall Courses Objectives

At the completion of this course the student will:

1. Assess his/her own strengths and weaknesses as they relate to stress management.
2. Utilize a variety of coping strategies to alleviate stress.
3. Complete and implement a weekly time management and work organizational chart.
4. Apply learned study and test-taking skills.
5. Evaluate his/her own contribution to a collaborative learning group.

Major Topics

1. Stress Management with accompanying stress log
2. Time Management and Organizational Skills
3. Study Skills
4. Test-Taking
5. Group Process and Collaborative Learning

Course Requirements

Grading/Exams: Evaluation criteria will be determined by individual faculty members teaching the course. Criteria will include but not be limited to evaluation of the three written projects, attendance, and student participation in collaborative learning groups.

Writing Requirements:

1. Stress Log
2. Time Management and Organizational Chart
3. Self-Evaluation of Participation in Collaborative Group

Other Course Information

Attendance is required.