

COURSE OUTLINE
NURS-202
Nursing of Patients With Complex Responses To Stress II
9 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

This course is intended to build on knowledge and skills attained in Nursing 201 and will enable students to begin their careers as technical nurses. The primary focus is on the student's ability to care for a group of patients exhibiting more complex responses to stress, regardless of the patient's age or specific pathology. Prerequisites: BIOL-107, CHEM-103, NURS-101, BIOL-203, HMDV-200, MATH-122 (or higher), NURS-102, BIOL-204, PSYC-101, ENGL-101, ENGL-102, SOCI-101, NURS-201. Co-requisite: Fine Arts Core Course

Overall Course Objectives

Upon successful completion of NURS-202, in relation to a group of patients experiencing complex or multiple health problems, the student will be able to utilize the nursing process to:

1. Integrate the knowledge of pathophysiology in the application of nursing care of patients experiencing complex responses to stress.
2. Initiate, maintain and evaluate the collaborative relationship between health team members, patients and family members in various health settings, while promoting wellness and continuity of care.
3. Recognize and value activities which promote education, autonomy and power within the profession of nursing.
4. Demonstrate a holistic approach to the provision of nursing care for patients experiencing complex responses to stress.
5. Utilize principles of caring, integrity, safe practice and accountability as essential elements to nursing practice.
6. Independently utilize critical thinking to formulate, implement, evaluate and revise the nursing plan of care.
7. Organize and manage care in an effective and efficient manner maintaining legal and ethical standards while focusing on internal and external socio-cultural influences.
8. Formulate a plan of care which focuses on the impact of responses to stress and fosters adaptation in members of a multicultural society.

The above objectives are from the cognitive domain and are centered around the twelve threads (Health-Illness Continuum, Growth and Development, Pathophysiology, Management Care, Aids to Nursing, Safety, Culture, Caring, Interpersonal Relationships, Recording and Reporting, Legal and Ethical Issues, and Nursing Trends) with the overall theme of the nursing process.

There are program affective objectives that should be demonstrated by students at the completion of NURS-202. Required psychomotor skills are incorporated into laboratory skills criteria. Refer to p. 6-8 of the Student Handbook.

Upon successful completion of NURS-202, the student will demonstrate the following affective behaviors:

Caring
Responsibility and Dependability
Career Socialization
Quality of Care
Independence
Group Process
Self-Confidence
Self-Evaluation

Major Topics

- Unit IV: Alteration in body image: hypospadias, prostate, bladder and colorectal cancer/stoma care.
 Endocrine disorders
 Thoracic trauma/surgery, head/neck surgery, ARDS, pulmonary embolism, mechanical ventilation, chest drainage
 Neuromuscular and neurologic disorders, orthopedic alterations
- Unit V: Career preparation, professional issues, NCLEX preparation
 Blood dyscrasias, neoplasm, chemotherapy
 Cardiac complications and surgery
 Defects in hemostasis
 Suicide, seizure disorders, community based practice
- Unit VI: Fetal assessment, third trimester bleeding, breast and gynecologic cancers
 Neurologic trauma, joint replacement, rehabilitation
 Chronic renal failure, organ transplantation
 Pediatric conditions, abuse
 Emergency nursing care/triage, disaster nursing

Course Requirements

The final course grade is computed using a weighted average for written assignments, unit exams and a final exam. A grade of 75% or "C" is required for passing. Satisfactory completion of a computation examination and satisfactory performance in the campus lab and clinical area are also required for passing the course. Attendance and punctuality are required for all sessions.

Other Course Information

Course learning activities fulfill the requirement for oral communication.

Proof of CPR, Rubella, Rubeola mumps and varicella immunity or vaccination and freedom from TB are required on the first day of class. Hepatitis B vaccine is highly recommended and a waiver must be signed if vaccine is declined.

Health insurance recommended as students are responsible for medical bills.