

COURSE OUTLINE

NURS-235

Nursing Care of Patients in Community and Mental Health Settings 4 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

This course will introduce students to psychiatric mental health nursing and community-based nursing practice. Students will examine concepts specific to community and mental health nursing and apply the nursing process to clients experiencing an alteration in perception and clients requiring community support services. Students will develop competencies required to administer safe, technical nursing care to patients with an emphasis on resources, caring, culture, health-illness continuum, interpersonal relationships, management of care, teaching and learning, communication, professional behavior, and clinical judgment. Prerequisites: NURS 233 and NURS 234, SOCI 101, PSYC 101; Pre- or Co-requisite: Fine Arts Core. (2.15 hours theory, 1.85 hours lab)

Overall Course Objectives

Upon completion of this course, the student will have demonstrated the ability to:

1. Integrate knowledge of pathophysiology, psychology and sociology in the application of nursing care to patients experiencing alteration in perception and requiring community support services.
2. Collaborate with the health care team, patient, and significant support person(s) to promote wellness and disease prevention in community and mental health settings to meet client's needs.
3. Demonstrate behaviors which promote professional growth, accountability and the profession of nursing in community and mental health settings.
4. Demonstrate a holistic approach to the provision of nursing care assuring continuity of care across community and mental health settings.
5. Demonstrate caring, integrity, safe practice and accountability in practicing the art and science of nursing.
6. Utilize critical thinking to formulate, implement, evaluate and revise the nursing plan of care for patients in community and mental health settings.
7. Apply critical thinking strategies when providing care for patients in community and mental health settings.
8. Analyze the impact of responses to stress on members of a multicultural society and intervene to optimize mental health and support client's needs for community services.

Major Topics

- I. Concepts of Nursing Practice in Community and Mental Health
 - a. Therapeutic Relationships and Communication
 - b. Psychosocial Assessment
 - c. Influence of Culture and Spirituality
 - d. Legal and Ethical Guidelines for Safe Practice
- II. Community-Based Nursing Practice
 - a. Nursing Roles in Community Settings
 - b. Nursing Interventions in Community Settings
 - c. Home Health Care Nursing

- III. Psychiatric Mental Health Nursing Practice
 - a. Mental Health and Mental Illness
 - b. Role of the Nurse in Psychiatric Mental Health
 - c. Theories and Therapies for Nursing Practice
- IV. Violence Directed at Self and Others
 - a. Suicide
 - b. Anger and Aggression
- V. Violence and Abuse within the Community
 - a. Family Violence
 - b. Sexual Assault
 - c. Crisis and Crisis Intervention
- VI. Nursing Care of Patients with Mental Health Disorders
 - a. Anxiety Disorder
 - b. Mood Disorders
 - i. Depression
 - ii. Bipolar
 - iii. Antidepressants and Mood Stabilizers
 - c. Psychotic Disorders
 - i. Schizophrenia
 - ii. Antipsychotic Medications
 - d. Personality Disorders
 - e. Eating Disorder
 - f. Cognitive Disorder
- VII. Nursing Care of Patients with Special Needs
 - a. Chemically Impaired
 - b. Children and Adolescents
 - c. Homeless

Course Requirements

Grading procedures will be determined by the nursing program but will include the following: exams, written assignments, and meeting clinical objectives.

Other Course Information

This course will be offered over a seven-week period and includes both a theory component and a clinical experience, and may include service learning. Students will be on-campus for 4.3 hours per week for theory, and in clinical and laboratory activities for 11.1 hours per week.