

COURSE OUTLINE

NURS-134

Family Centered Nursing I

4 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

This course introduces students to contemporary perspectives of the health care of women and the childbearing family. Students will develop competencies required to administer safe, technical nursing care to patients with an emphasis on resources, culture, growth and development, management of care, nursing trends, communication, teaching and learning. Prerequisites: NURS-132, BIOL-204, HMDV-200, Pre- or Co-requisite: ENGL-121 or ENGL-101, and PSYC-101. (2.25 hours theory, 1.75 hours lab)

Overall Course Objectives

Upon completion of this course, the student will have demonstrated the ability to:

1. Utilize knowledge of physiology in the application of nursing care of families experiencing pregnancy, childbirth and parenting a newborn.
2. Collaborate with the health care team, patient and significant support persons to promote wellness and disease prevention when caring for patients during pregnancy, childbirth and parenting a newborn.
3. Participate in activities that promote individual growth in the practice of family-centered nursing.
4. Describe a holistic approach to the provision of nursing care to patients experiencing pregnancy, childbirth and parenting a newborn.
5. Demonstrate caring, integrity, safe practice and accountability in practicing the art and science of nursing as it is applied to family-centered nursing.
6. Utilize creative problem solving in the application of the nursing process as it is applied to women and new families.
7. Deliver care to families in an effective and efficient manner, maintaining legal and ethical standards.
8. Interpret the impact of pregnancy, childbirth and parenting a newborn on members of a multicultural society.

Major Topics

- I. Conception and Fetal Development
 - a. Conception
 - i. Family Planning
 - ii. Infertility
 - b. Fetal Development
 - c. Genetics
 - d. The Nurse's Role in Genetic Counseling

- II. Nursing Care During Pregnancy
 - a. Fetal Assessment
 - b. Maternal Assessment
 - c. Maternal and Fetal Nutrition
 - d. Management of the Discomforts of Pregnancy
 - e. Cultural Considerations During Pregnancy
- III. Nursing Care of the Intrapartal Family
 - a. Fetal Assessment
 - b. Maternal Assessment
 - c. Pain Management
 - d. Cultural Considerations During Childbirth
- IV. Nursing Care of the Postpartal Family
 - a. Postpartum Assessment
 - b. Newborn Assessment
 - c. Newborn Nutrition and Feeding
 - d. Family Teaching
- V. High Risk Pregnancy, Labor and Delivery
- VI. Woman's Health
 - a. Nursing Care of the Woman Infectious Disorders of the Reproductive Tract
 - b. Nursing Care of the Woman in Menopause
 - c. Nursing Care of the Woman with Structural Disorders of the Reproductive System
 - d. Nursing Care of the Woman with Reproductive Oncologic Disorders

Course Requirements

Grading procedures will be determined by the nursing program but will include the following: exams, written assignments, and meeting clinical objectives.

Other Course Information

This course will be offered over a seven week period and includes both a theory component and a clinical experience. Students will be on-campus for 4.5 hours per week for theory, and in clinical and laboratory activities for 10.5 hours per week.