

# **COURSE OUTLINE**

## **NURS-132**

### **Nursing Care of Patients with Common Health Problems**

4 Semester Hours

## **HOWARD COMMUNITY COLLEGE**

### **Description**

Building on the knowledge and skills from Fundamentals of Nursing, students will further examine patient care concepts and nursing interventions to meet basic patient needs. Through consideration of major categories of patient response to stress (immobility, obstruction, infection, bleeding, and alteration in perception) the student will select general nursing actions to meet patient needs pertinent to each of the responses. Students will develop competencies required to administer safe, technical nursing care to patients in the acute care setting with an emphasis on caring, culture, interpersonal relationships, health-illness continuum, and clinical judgment. Prerequisites: NURS- 130 or NURS-131; Pre- or Co-requisite: HMDV-200. (2.5 hours theory, 1.5 hours lab)

### **Overall Course Objectives**

Upon completion of this course, the student will have demonstrated the ability to:

1. Utilize knowledge of physiology to identify alterations in function in patients experiencing common responses to stress.
2. Communicate with the health care team and patients to promote continuity of care.
3. Identify and describe activities that promote the profession of nursing.
4. Describe a holistic approach to the provision of nursing care for patients experiencing common responses to stress.
5. With guidance, demonstrate caring, integrity, safe practice and accountability when practicing the art and science of nursing.
6. Describe the use of critical thinking in the application of the nursing process.
7. Discuss how nursing care can be delivered in an effective and efficient manner, maintaining legal and ethical standards.
8. Summarize the impact of responses to stress on members of a multicultural society.

### **Major Topics**

- I. Pharmacology
- II. Medication Administration
- III. Fluid and Electrolytes
- IV. Intravenous Therapies
- V. Pain Management
- VI. Perioperative Care
- VII. General Oncology and End of Life Care

- VIII. Nursing Care of Patients with Gastrointestinal Disorders
  - a. Management of Patients with Gastric and Duodenal Disorders
  - b. Management of Patients with Intestinal and Rectal Disorders
  - c. Management of Patients with Biliary Disorders
- IX. Nursing Care of Patients with Sensory-Neurological Impairments
  - a. Management of Patients with Eye and Vision Disorders
  - b. Management of Patients with Hearing Disorders

### **Course Requirements**

Grading procedures will be determined by the nursing program but will include the following: exams, written assignments and meeting clinical objectives.

### **Other Course Information**

This course will be offered over a seven-week period and includes both a theory component and a clinical experience. Students will be on-campus for 5 hours per week for theory, and in clinical and laboratory activities for 9 hours per week.