

**COURSE OUTLINE**  
**MUSC-161**  
**Introduction to Music Therapy and Practice, Part I**  
**2 Semester Hours**

**HOWARD COMMUNITY COLLEGE**

**Description:**

Introduction to Music Therapy and Practice, Parts I and II, is a two-semester course designed to introduce the student to the profession of Music Therapy. In Introduction to Music Therapy and Practice, Part I, the student will study basic concepts of Music Therapy including definition, history, man as a musical being, the functions of music and the use of music as a treatment tool. Students will also study the concepts of the treatment process and research as it applies to music therapy. Students will begin a Music Therapy Professional Portfolio. (3 hours weekly)

**Overall Course Objectives:**

Upon completion of this course, students will be able to:

1. Define “music therapy.”
2. Provide a clear, concise history of music as a therapeutic tool.
3. Identify the functions of music and discuss these as they relate to the life stages of man.
4. Explain the relationship between man and music in a therapeutic setting.
5. Distinguish between musicians as entertainers and therapists.
6. Identify the personal qualifications of and the educational requirements to be a music therapist.
7. Identify and describe facilities and populations served by music therapists.
8. Explain the treatment process especially as it pertains to music therapy.
9. Describe the role of the music therapist as a member of a treatment team.
10. Explain the concepts of ethics and confidentiality from the viewpoint of a healthcare provider.
11. Describe and discuss the different types of music therapy research.
12. Demonstrate their understanding of a scientific journal abstract.
13. Plan and begin implementation of a music therapy portfolio as a continually developing resource both for use as a student and as a professional.

**Major Topics**

- I. An Overview of Music Therapy
  - a. Definition
  - b. Historical Perspective
  - c. Music and Man
  - d. Music as a Therapeutic Tool
  - e. Music Therapy as a Profession
- II. Professional Issues in Music Therapy
  - a. Treatment Process
  - b. Research
  - c. Ethics and Confidentiality
  - d. Professional Portfolio

**Course Requirements:**

**Grading/exams:**

Grading procedures will be determined by the individual faculty member but will include the following:

Final grades will be based upon exams, assignments and class participation.

**Writing:**

Students will be required to write five abstracts from research articles assigned by the instructor from the Journal of Music Therapy. The abstracts will meet the minimum college standard of proficiency with correct grammar and spelling.