

COURSE OUTLINE

MUSC-104

Introduction to Music Therapy and Practice 3 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

This course provides through the lecture component an overview of the field of music therapy; its history and clinical practice; assessment, planning therapeutic activities and evaluating treatment programs; and professional documentation and accountability. It introduces through the lab component the various populations that are served by music therapists in a series of on-site visits and exposes the student to actual therapeutic sessions with the various populations. (5 hours weekly)

Overall Course Objectives

Upon completion of this course, the student will be able to:

1. Introduce and familiarize the student with general and arts therapies.
2. Obtain through examination of its history, development, therapeutic practices, and professional protocols a working knowledge of the music therapy field.
3. Become fluent with terminology peculiar to the field.
4. Prepare the student for the practical aspect of music therapy training through a series of on-site visits.
5. Introduce an overview of the various populations served by music therapists and music therapy professionals at work through on-site visits.
6. Learn how to develop a professional portfolio.
7. Help the student identify and develop those musical skills that are required for music therapy fieldwork.

Major Topics

- I. An overview of Music Therapy
 1. Clinical Practice
 2. Historical Perspective
 3. Music as a Therapeutic Tool
- II. Populations served by Music Therapy
 1. Mentally Retarded Children and Adults
 2. Mental Disorders
 3. Elderly Populations
 4. Children with Physical Disabilities
 5. Autistic Children
 6. Sensory Disorders
 7. Medical Conditions
 8. Neurological Rehabilitation
 9. Correctional Psychiatry
 10. Schools
 11. Others

- III. Professional Issues in Music Therapy
 - 1. Treatment Process
 - 2. Research

Course Requirements

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

Writing: Specific writing assignments will be determined by the individual faculty member.

Other Course Information

This course is required for an Associate in Arts Degree in Music Therapy. This course is a Music/Fine Arts elective.