

COURSE OUTLINE
HUMS-121
Introduction to Chemical Dependency Treatment
3 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

This course provides students with the opportunity to study the various modalities of addiction therapy. Counseling skills and the philosophical aspects of addiction will also be presented in this course. (3 hours weekly) NOTE: Also listed as HEED-121.

Overall Courses Objectives

Upon completion of the course the student will be able to:

1. Describe the disease model of addiction, and current paradigms and definitions thereof.
2. Identify the historical and socio-cultural aspects of treatment efforts for alcoholism and drug addiction in this country.
3. Describe and summarize the various philosophies of treatment, particularly the abstinence and methadone camps.
4. Differentiate between detoxification, primary, secondary and tertiary treatment phases; the goals and objectives of each, regardless of setting.
5. Define and discuss the "pre-treatment" phase, i.e. motivational structures designed to bring about early entry into the treatment network.
6. Differentiate between at least 3 different models of detoxification.
7. Outline the goals of the primary phase of treatment and discuss the different settings in which it takes place, and the clinical criteria for referral into each setting.
8. Describe the various options for ongoing treatment, and the component parts to it.
9. Compare and contrast the difference between the public and private sectors in the ability to service different segments of the addicted population.
10. Explain the rationale for family therapy, groups and education sessions for family members, and how they are typically provided.
11. Describe contemporary forms of treatment for codependents, children and adult children of alcoholics and drug addicts.
12. Describe the process of intake, assessment, treatment planning, problem-oriented documentation, and discharge planning and follow-up.

Major Topics

- I. Models of Addiction
 - Medical/Disease Model
 - Genetic/Biological Model
 - Psychosocial Model

- II. Pre-treatment
 - Intervention
 - EAPs
 - Court referrals

- III. Treatment
 - Primary treatment
 - Ongoing treatment
 - Aftercare

- IV. Current Issues
 - Private vs. Public Sector
 - Insurance/Managed Health Care
 - Ethics/Professionalism/Certifications

Course Requirements

Grading/exams:

Grading procedures will be determined by the individual faculty member but will include the following:

Final grades will be calculated on the basis of exams, a term paper, reaction paper, and class participation.

The course includes a mid-term and final examination.

Writing:

A writing assignment will be determined by the individual faculty member and will include at least 1000 words of formal writing.

Other Course Information

This course is an Arts and Sciences elective.