

COURSE OUTLINE

HMDV-200

Lifespan Development

3 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

This course examines the physical, intellectual, emotional and social development of individuals from infancy to very old age. Within the psychosocial framework, students will be able to research and apply developmental concepts to relevant problems in daily life. Prerequisite: Eligible to enroll in ENGL-121. (3 hours weekly)

Overall Course Objectives

Upon completion of this course the student will be able to:

1. Examine the scientific process as it relates to psychological research.
2. Compare various methods of developmental research.
3. Assess the advantages and disadvantages of the various methods of developmental research.
4. Compare the following basic theories as they relate to the lifespan: psychodynamic, behavioral, learning, social learning and cognitive.
5. Evaluate the theory of psychosocial development as described by Erik Erikson.
6. Examine the concept "Stage of Development" as it relates to psychosocial theory.
7. Examine the concept "Developmental Task" as it relates to psychosocial theory.
8. Examine the concept "Psychosocial Crisis" as it relates to psychosocial theory.
9. Examine the concept "Central Process" as it relates to psychosocial theory.
10. Analyze Erikson's stages of psychosocial development using developmental tasks, psychosocial crises and central processes as measures of understanding growth and development.
11. Compare physical, emotional, cognitive and social/environmental changes which occur between conception and very old age.
12. Evaluate scientific research with regard to similarities and dissimilarities among individuals and assess growth and change over the lifespan.
13. Evaluate and apply knowledge of psychosocial theory to personal and hypothetical situations.

Major Topics

- I. The Scientific Process
 - A. Research Design and Methods
 - B. Evaluating Existing Research

- II. Psychosocial Theory
 - A. What Is A Theory?
 - B. Basic Concepts of Psychosocial Theory
 - 1. Stages of Development
 - 2. Developmental Tasks
 - 3. Psychosocial Crises
 - 4. Central Processes
 - C. Evaluation of Psychosocial Theory
 - 1. Strengths
 - 2. Weaknesses
- III. Theories of Change
 - A. Biological Evolution
 - B. Cultural Differences
 - C. Psychosexual Development
 - D. Cognitive Development
 - E. Learning
 - F. Social Roles
 - G. Systems
- IV. Pregnancy and Prenatal Development
- V. Infancy
- VI. Toddlerhood
- VII. Early School Age
- VIII. Middle School Age
- IX. Early Adolescence
- X. Later Adolescence
- XI. Early Adulthood
- XII. Middle Adulthood
- XIII. Later Adulthood
- XIV. Very Old Age

Course Requirements

Grading procedures will be determined by the individual faculty member and will include examinations and research assignments.

Other Course Information

This course is an Interdisciplinary and Emerging Issues Core course. It also meets college definition for a Social Sciences Elective and an Arts and Sciences Elective.