

COURSE OUTLINE
HMDV-105, -106, -107, -205, -206, -207
Silas Craft Collegians Seminar
6 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

These six one-semester hour courses promote the personal growth and development and enhance the learning potential and success of students. The thrust of class activities will be directed at personal life, college, and on-the-job experiences. While all of the Silas Craft Collegians Seminar courses focus on a broad range of personal development topics, HMDV-105, -106, and -107 emphasize life skills, self esteem, group dynamics and team building, motivation, active listening, responsibility, discipline, goal setting, and goal management. In addition to continuing to examine the topics introduced in the previous courses, HMDV-205, -206, - and 207 also emphasize decision-making, consequential thinking, leadership skills, and conflict resolution. As a result of an analysis of the benefits of acquiring and the consequences of the deficit of needed competencies, students will exhibit the skills and values required for college and personal success.

Overall Course Objectives

Upon successful completion of the courses, the student will be able to:

1. Create value in the need for personal growth.
2. Construct and implement life change strategies for personal growth.
3. Assume a leadership role of choice in the college and/or community.
4. Examine and apply the dynamics of group behavior and group process.
5. Analyze and incorporate motivational factors that contribute to personal success.
6. Create and manage a personal plan for college success identifying goals, objectives, and support systems.
7. Demonstrate decision-making and conflict resolution skills and strategies through simulation.
8. Demonstrate, use, and evaluate active listening and attending behavior skills.
9. Identify and manage "blockers" to potential.
10. Analyze the self-concept and demonstrate an increase in self-esteem.

Major Topics

- I. Life Skills
- II. Self-Esteem
- III. Motivation
- IV. Active Listening
- V. Group Dynamics and Team Building
- VI. Responsibility and Discipline
- VII. Goal-Setting and Goal Management
- VIII. Decision-Making and Consequential Thinking
- IX. Leadership Skills
- X. Conflict Resolution

Course Requirements

Grading procedures will be determined by the individual faculty member.

Other Course Information

HMDV-105, -106, -107, -205, -206, -207 are courses for students enrolled in the Silas Craft Collegians Program.