

COURSE OUTLINE

SOCI-130/HEED-130

Human Sexuality

3 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

Through this introduction to the field of human sexuality, the student will be able to recall and describe historical and current research knowledge related to the physiological, psychological, anthropological and sociological aspects of human sexuality across the life span. Students will discuss and evaluate their own beliefs and values relevant to the topics of various types of sexual behavior, sexual problems and their treatments. In addition, the student will be able to describe important legal and ethical issues. Prerequisite: Eligible to enroll in ENGL-101. (3 hours weekly)

Overall Course Objectives:

Upon completion of this course the student will be able to:

1. Identify the location and function of the major components of both the female and male sexual systems and reproductive systems distinguish the physiological responses that take place in both men and women during the different phases of the human sexual response cycle.
2. Examine the major issues involving human reproduction and birthing distinguish between the various types of birth control methods in terms of the way in which they work and the advantages and disadvantages of each.
3. Identify the factors prenatally through puberty that affect the development of adult gender-identity/roles and describe the ways males in females in our society tend to approach human sexuality differently.
4. Identify different theories of psychosexual development and describe ways in which parents can help their children develop positive sexual attitudes.
5. Explain the factors which facilitate good communication between sexual partners including the importance of touch.
6. Examine different moral principles and values affecting sexuality as they relate to different religious and ethical traditions as well as such factors as love, honesty and non-coerciveness.
7. Explore social attitudes toward masturbation and identify statements which contain accurate facts about masturbation.
8. Identify characteristics of sexual intercourse and describe factors which will help establish and maintain a good sexual relationship with a long-term partner.
9. Examine factors which affect a person's sexual orientation, identify statements which contain accurate facts about gays and lesbians and describe problems which they have in our society including homophobia.
10. Identify definitions and characteristics of different types of sexual variants.
11. Describe different types of sexual abuse including sexual harassment, rape, child sexual abuse and

analyze ways in which society can reduce these problems.

12. Identify the symptoms, long term effects, and diagnosis and treatment of different sexually transmitted diseases including AIDS and explain "safer sex" practices which can reduce the spread of these diseases.
13. Examine legal issues affecting human sexuality including prostitution and pornography.
14. Analyze ways in which society can help persons be more informed about human sexuality and develop sex positive attitudes.

Major Topics:

Human Sexual Biology

- A. Introduction - Attitudes Toward Sexuality
- B. Anatomy - Male and Female
- C. Human Sexual Response
- D. Human Reproduction
- E. Birth Control and Teenage Pregnancy
- F. Gender-Identity/Role

Human Sexual Behavior

- A. Sexuality Through the Life Cycle
- B. Masturbation
- C. Heterosexual Behavior
- D. Gay and Lesbian Behavior
- E. Sexual Variations

Sexual Problems and Social Issues

- A. Rape
- B. Child Sexual Abuse and Incest
- C. Sexually Transmitted Diseases and AIDS
- D. Improving Sexual Functioning
- E. Pornography /Legal Issues/ and Sex Education

Course Requirements:

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

Final grades will be based two or more unit exams and one or more required papers.

Writing: Specific writing assignments will be determined by the individual faculty member but will require at least 1500 words of formal writing. All papers will meet the minimum college standard of proficiency with correct grammar and spelling.

Other Course information:

This course is a Social Science elective and an Arts and Science elective.