

# **COURSE OUTLINE**

## **HEED-127**

### **Introduction to Cross-Cultural and International Health**

3 Credit Hours

## **HOWARD COMMUNITY COLLEGE**

### **Description**

This survey course is designed to introduce the student to current and emergent issues that affect the health of the population at the local, regional, national, and global level. Areas of concentration will be Population, Nutrition, and Infectious Diseases. (3 hours weekly)

A liberal education prepares students to lead ethical, productive, and creative lives and to understand how the pursuit of lifelong learning and critical thinking fosters good citizenship. General education courses form the core of a liberal education within the higher education curriculum and provide a coherent intellectual experience for all students by introducing the fundamental concepts and methods of inquiry in the areas of mathematics, the physical and natural sciences, the social sciences, the arts and the humanities, and composition. This course is part of the general education core experience at Howard Community College.

### **Overall Objectives**

1. Outline the basic tools used to assess the health situation to determine health priorities of a country.
2. Examine economic, social, and community development issues that affect the health of the population.
3. Describe basic ecological and demographic principles in relation to community health and economic stability.
4. Discuss the relationship between population growth to health.
5. Describe the factors that promote infection, parasitism and/or clinical disease.
6. Describe methods for control of disease vectors.
7. List and describe methods of assessing child growth and development.
8. Examine nutritional deficiencies and their resulting disease disorders.
9. Explore how family nutritional status can be maintained using locally available foods.
10. Compare health care practices of the U.S.A. to indigenous medicine in the Southwest and Abroad.

## **Major Topics**

1. Basic Concepts and Assessment Tools Used to Prioritize Health Initiatives
2. Basic Epidemiology for Health Care
3. Measurement and Management of Nutritional Problems
4. Infectious Diseases and Immunization
5. Cross-Cultural Health Practices

## **Course Requirements**

Grading procedures will be determined by the individual faculty member but will include the following: There will be several unit exams, and a written assignment.

## **Other Course Information**

This course may serve as a Health Education elective. Check your transfer institution for transferability.