

# **COURSE OUTLINE**

**HEED-113**

**Drug Use and Abuse**

3 Semester Hours

## **HOWARD COMMUNITY COLLEGE**

### **Description**

This course will examine contemporary drug issues relevant to the use and abuse of drugs. Upon completion of the course the student will be able to identify the physiological, psychological, social, and cultural implications of drug use. In addition, historical, theoretical, and legal aspects of drug use will be presented in this course.

A liberal education prepares students to lead ethical, productive, and creative lives and to understand how the pursuit of lifelong learning and critical thinking fosters good citizenship. General education courses form the core of a liberal education within the higher education curriculum and provide a coherent intellectual experience for all students by introducing the fundamental concepts and methods of inquiry in the areas of mathematics, the physical and natural sciences, the social sciences, the arts and the humanities, and composition. This course is part of the general education core experience at Howard Community College.

### **Overall Course Objectives**

Upon completion of this course the student will be able to:

1. Identify and define categories of drugs and their physiological effects on the central nervous system.
2. Describe various theories of drug use and abuse.
3. Identify the psychological and social effects of drug use on the individual and the family.
4. Demonstrate the impact of historical, philosophical and legal issues to drug taking behavior.
5. Explore personal drug use habits and develop decision-making skills necessary for responsible drug use.
6. Describe the various health implications of drug abuse and appropriate prevention, intervention and treatment strategies.

### **Major Topics**

- I. The Depressant Drugs
  - Alcohol
  - Narcotics
  - Sedative-Hypnotics
  - Barbiturates
  - Tranquilizers

- II. The Stimulant Drugs
  - Tobacco
  - Cocaine
  - Amphetamines
  - Caffeine
  
- III. The Mind-Expanding Euphorians
  - Psychedelics and Phencyclidine
  - Marijuana
  
- IV. The Medicines
  - Over the counter drugs
  - Prescription drugs
  
- V. The Prevention of Drug Abuse
  - Drug Education
  - Drug Law Enforcement

### **Course Requirements**

#### Grading/Exams:

Grading procedures will be determined by the individual faculty member but will include the following:

- ◆ Workbook assignments
- ◆ Two exams and a third comprehensive final
- ◆ A single page reaction paper to an out of class assignment
- ◆ Class participation

Writing: The reaction paper is to be a personal reaction to either an Alcoholics or Narcotics Anonymous meeting.

The workbook is designed to be an opportunity for self-exploration of drug and alcohol attitudes and behavior. The assignments have not correct or incorrect answers. Responses will remain totally confidential.

### **Other Course Information**

This course is required for students majoring in Health Education/Community Health and School Health.

This course is an Interdisciplinary and Emerging Issues core course.