

COURSE OUTLINE

DANC-181 Ballet I 2 Semester Hours

HOWARD COMMUNITY COLLEGE

Description

An introduction to the fundamentals of classical ballet technique with emphasis on placement and alignment of the body, and other preparatory work necessary for the establishment of a basic technical foundation. Introduction to ballet history and terminology—includes barre work. (3 hours weekly)

Overall Course Objectives

Upon completion of this course, the student will be able to:

1. Explain key French ballet terms in class and in a written assignment(s)/examination(s).
2. Demonstrate at a beginning level an understanding of basic ballet material through daily attendance and performance in class.
3. Identify and discuss music for ballet.
4. Explain the origin and a brief history of ballet.
5. Communicate in a written critical analysis a dance concert.
6. Satisfactorily pass practicum examinations demonstrating technical ability in combination form.

Major Topics

- I. Basic alignment
- II. Key French ballet terminology
- III. Ballet music
- IV. Brief history of ballet
- V. Ballet theory
- VI. Barre and center exercises as follows:
Barre:
 1. Plies – demi and grand in all positions with simple port de bras and use of the head
 2. Battements tendus and degages from 1st and 5th – with straight knees, with demi plie and transfer of weight
 3. Rond de jambe a terre – en dehors, en dedans
 4. Battement soutenu – a terre, en l'air 45 degrees
 5. Battement frappe – single, double, en releve
 6. Rond de jambe en l'air – single, double
 7. Developpes – en croix
 8. Demi and grand rond de jambe en 'lair
 9. Petite battement – sur la cou-de-pied
 10. Fouette en adage
 11. Grand battement – en croix, retire, en cloche
 12. Pirouettes facing the barre – dehors from 5th, dedans preparation with degage 2nd
 13. Demi pointe – releves (2-1, 1-1), echappes, detournes, coupe ballone, pas de bouree pique, piques (en passé, en attitude, en arabesque)

Centre practice:

1. Any exercise done at barre
2. Positions of head – erect, raised, inclined, turned ($\frac{1}{4}$, $\frac{1}{2}$) inclined and turned
3. Positions of arms and feet – bras, bas, demi-bras, 1st, 2nd, 3rd, 4th, 5th
4. Epaulement – croise, en face, efface, ecarte, a la second, epaule
5. Arabesque – 1st, 2nd, 3rd, a terre, en l'air
6. Attitude – croise, efface, epaule, penche
7. Temp lie – en avant, en arriere, a terre, en l'air en attitude and arabesque
8. Glissades – change, sans change
9. Assemble soutenu en tournant
10. Pas de bourees
11. Developpes en croix with epaulement
12. Demi and grand rond de jambe en l'air
13. Fouette en adage

Pirouettes:

1. En dehors – single from 4th 5th
2. En dedans – single from 4th
3. Pique en dedans – single, en diagonale
4. Chaines, emboites en tournant, single tour

Allegro:

1. Sautes – coupe, 1st, 2nd, 5th, soubresautes, changements, echappes (petite and grand)
2. Royale – echappe, battu, entrechat quatre
3. Sissones – simple, fermees, ouvertes
4. Balances – assembles, jetes, emboites
5. Grand jete en avant – en attitude, en arabesque
6. Ballones
7. Pas de chat
8. Failli
9. Pas de basque – glisse, sauté
10. Grand jete en tournant

Course Requirements

Grading/exams: Grading procedures will be determined by the individual faculty member but will include:

- Grading: Criteria for evaluation is mastery of major topics as demonstrated through:
 - Daily active participation 70%
 - Practicum examinations 15%
 - Written assignment(s)/examination(s) 15%
- Completion of assignment(s) and practicum/final examination(s)
- Attendance at an area performance

Writing: May include a paper or papers assigned by the individual faculty member.

Other Course Information

The course will be used to fulfill the requirements for Dance majors and may be used as a Fine Arts elective, Humanities elective, Arts and Science elective or a dance requirement for Theater (Performance) majors. Dance majors must take Movement Integration (DANC-101) concurrently with this course.