

COURSE OUTLINE
DANC-110
Ballroom and Latin Dance
1 Semester Hour

HOWARD COMMUNITY COLLEGE

Instructor: Samantha Hunt
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Class Time: M/W 2:00-2:52pm
Class Location: HVPA 115

Description:

This course will focus on training students to understand and perform basic ballroom and Latin dance moves and partnering skills. Students will also learn the history and culture of each dance taught. Students will demonstrate mastery of these styles through choreographed and non-choreographed class performances. (2 hours weekly)

Overall Course Objectives:

Upon completion of this course, the student will be able to:

1. Define and execute basic ballroom partnering;
2. Outline history and cultural roots of a each dance;
3. Write a paper on history and cultural roots of selected dance;
4. Understand physical presence and posture in performance;
5. Demonstrate the ability to work well with a partner (leading/following);
6. Demonstrate the ability to work well within a group of dancers;
7. Demonstrate the basic steps and techniques of each dance studied (Cuban motion, styling/self expression);
8. Demonstrate the understanding of music structure, phrasing and timing (“slows” and “quicks”);
9. Write a critique on selected dance performance (dvd).

Major Topics:

1. Footwork and hand placement;
2. Partnering skills through physical and eye contact;
3. Different styles: Smooth and rhythm.

Course Requirement:

Students must arrive on time and ready to work. Students are expected to participate in all dances with a good attitude and energy and complete all assignments on time. All students must listen carefully to the teacher during instruction.

Use of Touch for Instruction:

This class will involve human contact which may raise personal issues for some people. The instructor may also use touch to help with alignment, adjusting dance frame or to demonstrate a dance move. Please let the instructor know if you feel uncomfortable or if you have problems with touch or individuals in class. You may also discuss such issues with Jenny Male, Coordinator of Dance.

Clothing Requirement:

All students should wear clothes that allow for freedom of movement. Unacceptable clothes are short shorts, short skirts and crop tops. By the end of the second week, female students must have either ballroom shoes or character shoes and male students must have ballroom shoes or jazz shoes.

Grading:

This course has a strong emphasis on class attendance and participation. Students will be required to write a paper on the history and cultural influences of a chosen dance from the syllabus and write a critique on a selected dance performance. Mid-term and final exam classes will consist of presenting knowledge and execution of steps learned throughout the course.

Class attendance and participation	60%
Written paper on dance history	10%
Critique of dance performance (dvd)	10%
Mid Term assessment	10%
Final assessment	<u>10%</u>
Total	100%

Since emphasis is placed on active class participation, it is imperative that the student come to class on time and prepared by having practiced material learned in class. A point system will be used for active participation in each class. 28 classes x 22 points results in 606 points and will go toward your participation grade. Here are the grades if the students accumulate the following points.

550-606 points	A (2 absences allowed)
500-549 points	B (4 absences allowed)
450-499 points	C (6 absences allowed)
400-449 points	D (8 absences allowed)

Students arriving late (more than 5 minutes) or sitting out and observing class will be awarded only 11 points for the class.

Dances and steps to be studied:

Foxtrot:

Basic step
Left rock turn
Promenade
Promenade with right underarm turn
Sway
Parallel walks

Swing:

Basic step Single/Double/Triple
Ladies' underarm turn and reverse
underarm turn
Promenade
Four walks back
Ladies' throw out
Men's hand change

Waltz:

Basic box step
Progressive box
Underarm turn
Hesitations
Open breaks
Open breaks to underarm turn
Fifth position breaks

Cha Cha:

Basic
Progressive
Parallel breaks
Cross over breaks
Double rocks cross over breaks
Open breaks
Open breaks to underarm turn
Chase

Rumba:

Basic box
Underarm turn
First position breaks
Second position breaks
Fifth position breaks
Open breaks
Open breaks to underarm turn
Cross over breaks

Tango:

Basic
Promenade
Promenade with turn
Left turn
Parallel walks

Salsa:

Basic
Open break
Open break to underarm turn
Fifth position breaks
Second position breaks
Cross over breaks

Merengue:

Ballroom basic
Nightclub basic
Crossover breaks
Separations
Sweetheart
Basket